

MINI BIOGRAPHY

The Mad Lib Mini Biography is useful for:

- Identifying your personal values, skills, interests, and goals
- Finding correlations between your values, skills, interests, and goals and positions in a variety of career fields or industries
- Recognizing how others have affected your educational and career goals
- Defining what is most important to you and how to achieve it

Directions:

Complete the Mad Lib Mini Biography by filling in the blanks with an appropriate word or phrase. Each blank has a noun, verb, or adjective listed in parentheses to guide you in completing the sentences.

Things to Think About:

- What blanks were easy for you to fill in? What blanks were difficult to come up with a response?
- In your own words, how do your values and interests inform your decisions about careers?
- What values are important to your closest friends or family members? How have their values influenced you and your goals?
- Did this activity bring up any topics that were difficult to think about?

If you would like to talk to someone about this activity or need additional resources, **Career Services** is available to all students! Check out our website to make an appointment or to see upcoming events and workshops: <http://www.careers.vcu.edu>

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My name is _____ (name) _____ and I am passionate about _____ (list one or more things you are passionate about) _____. The most important thing to me in my life is to _____ (life goal) _____. If I don't achieve this life goal, I will be _____ (emotion) _____ because _____ (reason) _____. I (have / have not) had conversations with my family about this life goal and it (is / isn't / not sure) supported by them. I (am / not) sure what degree I want to pursue at VCU. I want to pursue a degree in _____ (degree if you know) _____. The main goal for me to get an education is _____ (educational goal) _____. I (am / am not) confident that I can achieve this goal. A personal weakness I may have in achieving this goal is _____ (list a weakness) _____. A personal strength I have that will help me achieve this goal is _____ (site a strength) _____. I (do / don't) have someone in my personal life that has pursued a similar education as I am. People in my personal life (do / don't) support my educational goal. If I am not pursuing this educational goal I (do / do not) know what I would be doing at this point in my life. I would be _____ (list what you would be doing if you know) _____. I think that the biggest external road blocks between me and my goals are _____ (list road blocks if any) _____. These road blocks (do / don't) make me _____ (emotion) _____. I (do/don't) know what I want to do for a career. I want to _____ (career choices, can list more than one if you know) _____. The most important thing to me when I think about my career is that I am _____ (activity) _____ every day. If I don't achieve this career goal, I will be _____ (emotion) _____ because _____ (reason) _____. I (am / am not) willing to have a job just to make money to support my career if need be until I get on my feet. I can imagine for a job I could _____ (list jobs that you could do to support your career if applicable) _____. These jobs would make me _____ (emotion if applicable) _____. I (do / don't) know what types of jobs I would refuse even if they paid a lot of money. Those jobs are _____ (list jobs you would not do) _____. I (do / don't) know how much money I would need to earn from a job. I estimate that annual amount to be _____ (dollar amount if you know) _____.