### PERSONAL STATEMENT WORKSHEET

<table>
<thead>
<tr>
<th>Have you…</th>
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<tbody>
<tr>
<td>☐ Checked the character or word limit – you cannot go over; get as close to your limit as possible?</td>
</tr>
<tr>
<td>☐ Checked the prompt - make sure you answer all of the components or questions asked?</td>
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<tr>
<td>☐ Tailored your statement to their mission statement or program emphasis?</td>
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</tbody>
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### Why you want to go in to this field/industry?

**Large scale…**

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### Specific reasons…

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### Evidence of the deep reflection of the significance of your experience *(how have your experiences influenced you)*…

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### Evidence of knowledge of the industry…

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### What is your unique perspective?

**Large scale: how will you use your unique skill set to make an impact on the field/industry…**

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PERSONAL STATEMENT WORKSHEET

What will you uniquely offer to and within the field (select 2-3)
Unique perspective/background...

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Skill/Ability/Strengths/Personality...

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Interests...

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Values...

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Why this program, school, faculty?

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Theme weaving/Conclusion?
What are the two most important things you want the reader to remember about you after reading:

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Personal Statement Writing Tips:
► Be sure you haven’t restated experiences that you’ve highlighted in other areas of your application.
► Resist the urge to use big words just for the sake of using them!
► Do you have clear points? Is the reader left making assumptions or guessing what you are trying to say?
► Is your personal statement too focused on the story, leaving out your insights that describe your motivation to pursue your field of study and passion for the field?
► Have you spent too much time focusing on others and not enough time on your own personal reflections?
► Have you demonstrated your knowledge about the field (knowledge of techniques, procedures, terminology, etc. to illustrate you depth of knowledge about the field)?
► Do you have a theme? Is it too much theme?
► Do you have a definite, fluid conclusion that ties the personal insights together with the theme or story?