VCU Strategic Enrollment Management and Student Success

GENDER NEUTRAL
~MASCULINE PRESENTING~

VCU CAREER SERVICES | SUIT YOURSELF

OVERVIEW

If you present as non-binary or prefer gender neutral looks, you have plenty of options for a professional wardrobe. Stay true to who you are while demonstrating polish & professionalism. This guide covers gender neutral dress that leans toward masculine presenting.

FOUNDATIONS

Build your wardrobe with neutral colored separates. Brown, beige, gray, and blue are good options. Don't wear clothes that are too tight or baggy, even if you are trying to downplay your body shape.

DRESS

- Button up, collared shirts in lighter colors
- Vests in gray, black or brown
- Blazers/Suit jackets in neutral colors
- Slacks in neutral colors

ACCESSORIES

- Shoes: wingtips, oxfords, or loafers
- Neckties or bow-ties in neutral or complementary colors
- Belts in black or brown with subdued buckles
- Minimal jewelry/accessories

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MAKE IT YOURS

EXPLORE OPTIONAL WAYS TO DRESS IT UP OR DRESS IT DOWN

DRESS IT UP

- Find a matching 2-3 piece suit in black, gray, or blue. If you can't find a suit, match your separates as much as possible.
- Stick to standard neckties in black, dark gray, or dark blue
- Jazz it up with an optional pocket square in a vibrant color
- Wear solid colors or narrow pinstripes

DRESS IT DOWN

- Skip the blazer/suit jacket in favor of a sweater over a button up, a vest over a button up, or just the button up!
- Wear converses or other clean, laced shoes
- Substitute khakis for slacks
- Play with creatively patterned neckties or bow-ties
- Explore more vibrant, creative colors in shirts & blackers/suit jackets

NOW THAT YOU KNOW WHAT TO WEAR, CONNECT WITH SOMEONE WHO WAS IN YOUR SHOES!
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