VCU Strategic Enrollment Management and Student Success

GENDER NEUTRAL
~FEMININE PRESENTING~

VCU CAREER SERVICES | SUIT YOURSELF

OVERVIEW

If you present as non-binary or prefer gender neutral looks, you have plenty of options for a professional wardrobe. Stay true to who you are while demonstrating polish & professionalism. This guide covers gender neutral dress that leans toward feminine presenting.

FOUNDATIONS

Everyone looks good in a suit! Start with a foundation of separates in neutral colors: black, beige, gray, and blue. Make sure you get the correct size; clothes that are too baggy or too tight will detract from your look.

DRESS

- Fitted slacks in neutral colors
- Button up, collared shirts in lighter colors
- Boat neck shirts in subdued patterns
- Vests in gray, black or brown
- Blazers in neutral colors

ACCESSORIES

- Shoes: oxfords. loafers, flats, or low closed-toe heels (2" or less)
- Neckties or bow-ties in neutral or complementary colors
- Belts in black or brown with subdued buckles
- Minimal jewelry/accessories

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MAKE IT YOURS

EXPLORE OPTIONAL WAYS TO DRESS IT UP OR DRESS IT DOWN

DRESS IT UP

- Find a matching 2-3 piece suit in black, gray, or blue. If you can't find a suit, match your separates as much as possible
- Stick to standard neckties in black, dark gray, or dark blue
- Wear solid colors or narrow pinstripes
- If you can, get your items tailored to best fit your body

DRESS IT DOWN

- Skip the blazer/suit jacket in favor of a sweater over a button up, a vest over a button up/shirt, or just the button up/shirt!
- Wear converses or other clean, laced shoes
- Substitute khakis or clean, fitted jeans for slacks
- Explore more vibrant, creative colors or patterns in shirts & blackers/suit jackets

NOW THAT YOU KNOW WHAT TO WEAR, CONNECT WITH SOMEONE WHO WAS IN YOUR SHOES!
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