# Time to explore.

### MAJOR | CAREER | SELF

### HERE ARE SOME WAYS YOU CAN EXPLORE!

Read VCU Bulletin descriptions of majors and classes to gain insight into what is	
required before graduation.	

Use the *What Can I Do With This Major*? tool on the Career Services website, careers.vcu.edu, to explore what careers others have pursued with various majors. Did you know psychology majors can make great human resources professionals?

■ Visit O\*Net at onetonline.org to explore career paths. Browse groups of similar occupations to explore careers. Choose from industry, field of work, science area, and more.

**Complete your Handshake profile** and explore the suggested jobs, internships, and events page. These items are customized based on your skills and experience.

Read about LinkedIn and learn how to use it as a networking tool. Building out your Handshake profile is great practice for LinkedIn!

### HERE ARE SOME WAYS WE CAN HELP!

] Take an assessment and review the results with a career adviser to find out more about your interests and values. This is a great way to find out more about yourself and explore which majors and careers fit you best!

**Discuss informational interviews with your career adviser** and find out some of the best ways to reach out to VCU alumni and individuals who have a careers that interests you.

Review **Major Maps** with a career adviser.

### **HOW TO GET STARTED**

Most students start by **making a 30-minute appointment** with a career adviser. Schedule one by calling (804) 828-1645, stopping by the front desk, or by visiting careers.vcu.edu.

You can also **stop by our office Monday - Friday, 11 a.m. - 3 p.m. for 15-minute drop-ins**. No appointment necessary



Monroe Park Campus University Student Commons 1st floor, Rm. 143 careers.vcu.edu careers@vcu.edu 804-828-1645 <u>MCV Campus</u> Hunton Student Center, 205 By appointment only

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# Now let's expand.

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### HERE ARE SOME WAYS YOU CAN EXPAND!

Build a LinkedIn profile and come to Career Services for a free LinkedIn headshot.

Connect with employers on Handshake and learn about informational interviews, internships, part-time jobs, or full-time opportunities.

□ Learn about upcoming career events on Handshake. Career fairs, Career Treks to meet local employers, and on-campus programs are great ways to grow your network and learn more about your future career options.

Practice interviewing with the Interview Stream tool on the Career Services website, careers.vcu.edu. Find out how many times you use "like" or "um."

## HERE ARE SOME WAYS WE CAN HELP!

Review your Major Map with a career adviser and find out what else you can do to get well-rounded exposure to your major and future career.

Complete a Gap Analysis to identify what skills you already have for the career you want, and make a plan to gain the skills you still need.

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